# $\boxminus \square \square \ominus \quad \square \odot \ominus \square \boxminus \odot$ <br> $\square \odot \square \square \boxtimes \square \square \quad \square \ominus \square \cup \ominus \square$ 

ELIA FRAMES

WRITING MANU円L

## Introduction

It is our pleasure to welcome you to the ELIA Frames font learning guide. We hope that you find it enjoyable and easy to follow.

We highly recommend that you combine your use of this printed manual with the learning tools that you will find on the ELIA Life website. Specifically, watch our sketch video first https://www. elialife.com/learningelia, where we draw the standard alphabet letter shapes in and over the ELIA Frames letters. That way you will see them, find them more easily. It is less than a minute long and well worth the time. Second, use this manual to test and learn the letters. The written exercises in this little booklet are super helpful for your learning of the letter shapes. Third, test yourself with the letter tests on the website. We suggest that you do the 52 letter test and the 52 word test. If you get $100 \%$ correct on both tests, then you are ready for the final tests, which are 260 randomized letters of ELIA Frames. There are 5 tests in this package. If you get $100 \%$ correct on a 260 letter test, you have mastered ELIA and are ready to start using the keyboard overlay. If you have difficulty and you would like more tests with 260 letters, more are available on our website for downloading and printing. The ELIA Frames Font is also available for download there!

## Instruction

ELIA Frames is just a font, meaning that the lines and features of the letters of the standard alphabet have been laid out and reorganized so that they can be easily read with both your fingers and your eyes. Keep in mind that the letters use a major characteristic of their normal letter and that the alphabet's letters have been grouped into sections, so that you the reader can use deductive reasoning to identify where the letter is in the alphabet and then figure out which letter it is.

Look at the font for a moment and notice that it is divided into four groups or letters. A, B, C, D, and the letter U, are circular with an opening in them. $E, F, G, H, I, J, K, L, M$ and $N$ are square. $O, P, Q, R$ and $S$ have circular frames. And the other $T, V, W, X, Y$ and $Z$ letters are also square.

The groupings are helpful to you if you can't recall what the letter shape is. For example, if you encounter a circular letter that has an opening in it and you can't remember what lefter it is, you know that it is either A, B, C, D, or U. Then you can use what you know about those letters to reduce the possibilities to which letter it is. Is it A? Is it $B$ ? is it $C$ ? And so forth. If you encounter a circular letter that has a closed frame, it is either $\mathrm{O}, \mathrm{P}, \mathrm{Q}, \mathrm{R}$, or S . If you encounter a square letter, it is in the letter groups E, F, G, H, I, J K, L, M, N or T, V, W, X, Y or $Z$. If you are really stumped, you may need to go through a group eliminating one letter after another. Don't worry, you will get faster quickly as you learn the letters.

If you encounter a shape that is half circle on top, and half square on the bottom, it is a number. This guide teaches the numbers as well.

## A through $D, O$ through $S$, and $U$

| $A$ | $B$ | $C$ | $D$ | $O$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\Theta$ | $C$ | $C$ | $D$ | $O$ |

1. Convert ELIA Frames letters to the standard alphabet.

2. Convert standard letters to the ELIA Frames letters.

| $R$ | $O$ | $P$ | $S$ | $B$ | $C$ | $U$ | $D$ | $R$ | $S$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |  |

3. Convert ELIA Frames letters to the standard alphabet.
$\square \odot C \bigcirc \subset \odot \ominus \subset C \odot \ominus \ominus C \cup \ominus \odot \bigcirc \ominus \odot D$
4. Convert standard letters to the ELIA Frames letters. broad pour soar road soup crab aboard

## Translate to ELIA Frames

Now we are engaged in a great civil war, testing whether that nation, or any nation so conceived and so dedicated, can long endure. We are met on a great battle-field of that war. We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this.
$\qquad$
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## Translate from ELIA Frames









$\qquad$
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$\qquad$
$\qquad$
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$\qquad$

| $P$ | $Q$ | $R$ | $S$ | $U$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\Theta$ | $\bigcirc$ | $\odot$ | $\odot$ | $U$ |


| $\ominus$ | $\bigodot$ | $\ominus$ | $\bigcirc$ | $D$ | $\odot$ | $\ddots$ | $\bigcirc$ | $D$ | $\bigodot$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $D$ | $\ominus$ | $\ddots$ | $\odot$ | $\ominus$ | $\bigcirc$ | $D$ | $\bigcirc$ | $\odot$ | $\ominus$ |
|  |  |  |  |  |  |  |  |  |  |


| $A$ | $Q$ | $U$ | $Q$ | $D$ | $B$ | $P$ | $O$ | $A$ | $C$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |  |

$\ominus \odot \odot \cup \odot D \odot Q U ค D \odot O D \ominus$
braid soap cup brand drop bad quip

E through N

| E | F | G | H | I |
| :---: | :---: | :---: | :---: | :---: |
| $-\square$ | $\square$ | $\square$ | $\square$ | $\square$ |


| 5 | 6 | 7 | 8 | 9 |
| :--- | :--- | :--- | :--- | :--- |
| $\Theta$ | $\Theta$ | $\Delta$ | $\Delta$ | $\Theta$ |



| 2 | 7 | 6 | 9 | 0 | 1 | 3 | 8 | 5 | 5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |  |


$\qquad$

## Numbers

| 0 | 1 | 2 | 3 | 4 |
| :--- | :--- | :--- | :--- | :--- |
| $\boldsymbol{\infty}$ | $\oplus$ | $\vdots$ | $\AA$ | $\oplus$ |


| $J$ | K | $L$ | $M$ | $N$ |
| :---: | :---: | :---: | :---: | :---: |
| $\square$ | $\boxed{ }$ | $\square$ | $\square$ | $\square$ |

1. Convert ELIA Frames numbers to the standard numbers.

2. Convert standard numbers to the ELIA Frames numbers.

| 5 | 7 | 8 | 4 | 3 | 2 | 9 | 1 | 0 | 6 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |  |

3. Convert ELIA Frames numbers to the standard numbers.

4. Convert standard numbers to the ELIA Frames numbers.
$\begin{array}{llllll}1,245 & 5,967 & 303 & 23,985 & 410 & 7,687\end{array}$

$\bigcirc \cup \ominus C \boxed{\square} \square \square \square \square C \square \quad \square \square \square \square \square$
$\qquad$
ignore good songs mise minimum egg

T through Z

| $T$ | $u$ | $v$ | $w$ | $x$ |
| :---: | :---: | :---: | :---: | :---: |
| $\square$ | $U$ | $\boxtimes$ | $\square$ | $\boxtimes$ |

1．Convert ELIA Frames letters to the standard alphabet．

| 区 | T | $\square$ | 区 | $\square$ | U | ■ | $\square$ | $\square$ | $\square$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |
| － | $\square$ | T | $\square$ | T | $\square$ | U | 区 | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |

2．Convert standard letters to the ELIA Frames letters．

| $W$ | $Y$ | $V$ | $T$ | $V$ | $W$ | $X$ | $Z$ | $V$ | $Z$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |  |

3．Convert ELIA Frames letters to the standard alphabet．
$\square \cup \odot \boxed{\square} \quad \ominus \square \square \square \ominus \quad \boxminus \boxtimes \square \bigcirc \odot \square$

4．Convert standard letters to the ELIA Frames letters． worm dwarf very white yellow two
$\qquad$

